



Brain Buzz

A MONTHLY NEWSLETTER UPDATE



Helpful Resources

SWOSN EDUCATION PLANNING SURVEY

The SWOSN Regional Team is eager for your feedback as we begin planning educational opportunities for next fiscal year. We want to know what events and initiatives you are most interested in. Please click the title for the link or scan the QR code to complete our **education planning survey**. The survey will close on February 3rd. Your feedback is valuable!



REGIONAL STROKE REHABILITATION ADVISORY GROUP: CALL FOR PARTICIPANTS!

The newly revitalized Regional Stroke Rehab Advisory Group (RSRAG) is a group that serves as a means for SWOSN and service providers/collaborators to communicate regarding rehabilitation strategic directions and activities. The RSRAG is currently searching for a small group of dedicated frontline stroke providers to participate in one of the two following groups:

- Rehabilitation Intensity Community of Practice OR;
- Community Stroke Rehabilitation Community of Practice

Do you have interest in lending your knowledge and expertise in meetings to discuss quality improvement initiatives surrounding one of the above-noted topics? If yes, please email Jordie Currie (SWOSN's Rehab Coordinator), before January 31st, at: jordie.currie@lhsc.on.ca. Please include your name, role, site, which group you're interested in, and a short detail about your stroke experience.

Please note that not all who express interest will be chosen - final offers of participation will be decided by the RSRAG and site leaders, amongst other factors. Thank you in advance for your interest!

Month of

January

Upcoming Events

January 8. 12:30-13:00

Unseen Risks: The Impact of Stroke in Young Adults, NWORSN ([join here](#))

January 31. 12:00- 14:00

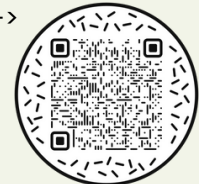
Navigating Coping Strategies to Promote Mental Health Post Stroke, CRSN ([register here](#))

February 10. 8:30-16:00

Chedoke McMaster Stroke Assessment Workshop, Toronto Rehab ([register here](#))

SWOSN Professional Networks

January Meetings, check out the meeting schedule [here](#) or scan the QR code ->



Team Updates

Acute: An opportunity has emerged to update components of the Quality Based Procedures (QBP) Clinical Handbook. QBPs combine hospital funding models with clinical best practice recommendations for specific patient populations (such as stroke patients). The QBP Clinical Handbook will be updated to align with current evidence-based practice recommendations.

Rehab: Do you work in Community Stroke Rehabilitation (CSR)? If yes, are you a member of Ontario Health's CSR Community of Practice (CoP) yet? If not, you should join! The CSR CoP is held on Quorum (Ontario Health's online health care quality improvement community), and joining is easy. There are tons of benefits, including (but not limited to): increasing awareness of leading practices; gaining access to resources, tools and strategies that can be used to improve the quality of care you provide; working together with other CSR professionals to identify solutions to common challenges - the list goes on! Click [here](#) to learn more and to join!

Community and LTC: FAST Heroes is recruiting healthcare partners. Please [click here](#) and contact Canadaheroes@fastheroes.org to participate. If you work in LTC or are a family caregiver of a resident in LTC after stroke, please contact stephanie.vanderpol@lhsc.on.ca to help with patient experience. The Community Data Initiative kicks off in 2025!

Prevention: The provincial secondary prevention task force is working to review existing patient education resources used in the secondary prevention space. Readability, relevancy, date published, etc are a few of the criteria being used to evaluate the resources. Post-review, all endorsed materials will be accessible on the OH-CorHealth website.

Contact Information

For more information contact SWOSN at

swosn@lhsc.on.ca



Stroke Network
Southwestern Ontario