

## NUTRITION SUPPORT USING ENTERAL FEEDING

**Place any related documents/guidelines used in your stroke rehabilitation unit in this section.**

Refer to *Module 5: Swallowing, Nutrition and Oral Care* for further information on enteral feeding post-stroke.

### **Short-Term Nutrition Support**

Nasogastric (NG) feeding tubes are used for short-term nutrition support. They allow an immediate route for nutrition, hydration and most medications. Average use is less than four weeks.

### **Long-Term Nutrition Support**

Percutaneous Endoscopic Gastrostomy (PEG), Gastrostomy (G) and Gastrojejunostomy (GJ) feeding tubes are used for longer term nutrition support (greater than 4-6 weeks).

**Evaluation is required to determine the ongoing necessity of enteral feeding; please consult with the *Speech Language Pathologist and Dietitian.***