

Module 10: Mood and Behaviour Changes

QUIZ

- You may use your binder as a reference to answer these questions
- Submit your completed quiz to the Nurse Clinician or designate for marking
- Your test will be returned to you to keep in your binder

Name: _____ Date: _____

1. Which of the following statements are true regarding post-stroke depression?
 - a. depression is a risk factor for stroke
 - b. depression is uncommon post-stroke
 - c. depression is common post-stroke
 - d. depression always occurs post-stroke
 - e. a and c
 - f. d only

2. Which of the following are signs and symptoms of depression?
 - a. energetic
 - b. fatigue
 - c. lack of interest
 - d. increase in physical complaints
 - e. all of the above
 - f. b, c and d

3. Depression should be screened for during which stages of the continuum of care?
 - a. only in rehab
 - b. all stages of the continuum of care
 - c. in acute care and outpatients
 - d. only after discharge
 - e. a and c

4. What can a healthcare provider do in order to help a patient with anger post-stroke?
 - a. ignore their outburst
 - b. try to find out the problem
 - c. involve a Social Worker
 - d. find solutions with patient's input
 - e. All of the above
 - f. b, c and d

5. Which of the following are signs and symptoms of personality change?
 - a. patient is more demanding
 - b. patient does not participate in activities that they used to enjoy
 - c. mood swings
 - d. patient has emotional outbursts
 - e. all of the above

6. What factors influence behaviour changes post-stroke?
 - a. age of the patient
 - b. area of the brain affected from stroke
 - c. amount of brain damage caused by the stroke
 - d. amount of cognitive impairment caused by the stroke
 - e. b, c and d
 - f. all of the above

7. What can a healthcare provider do to help a patient participate in activities?
 - a. plan an activity that interests the patient
 - b. involve family and patient in activity
 - c. involve patient in activity selection
 - d. introduce an activity that healthcare provider is interested in
 - e. all of the above
 - f. a, b and c

TRUE/FALSE Questions

(circle the correct letter)

- T F 8. Depression can affect a person's sleep pattern.
- T F 9. Depression will increase the stroke survivor's ability to participate in rehab.
- T F 10. Selective Serotonin Reuptake Inhibitors (SSRI) can be used in the treatment of depression.
- T F 11. During outbursts, the patient should be removed from the stressor or activity that has caused the outburst.
- T F 12. Distraction can be helpful in redirecting the patient attention back to the activity at hand.
- T F 13. The stroke survivor may experience feelings that do not match their behaviour.

SCORE: _____ / 13

Nurse Clinician/Designate signature: _____