

## Module 10: Mood and Behaviour Changes

## QUIZ

- You may use your binder as a reference to answer these questions
- Submit your completed quiz to the Nurse Clinician or designate for marking
- Your test will be returned to you to keep in your binder

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. Which of the following statements are true regarding post-stroke depression?
  - a. depression is a risk factor for stroke
  - b. depression is uncommon post-stroke
  - c. depression is common post-stroke
  - d. depression always occurs post-stroke
  - e. a and c
  - f. d only
  
2. Which of the following are signs and symptoms of depression?
  - a. energetic
  - b. fatigue
  - c. lack of interest
  - d. increase in physical complaints
  - e. all of the above
  - f. b, c and d

3. Depression should be screened for during which stages of the continuum of care?
  - a. only in rehab
  - b. all stages of the continuum of care
  - c. in acute care and outpatients
  - d. only after discharge
  - e. a and c
  
4. What can a healthcare provider do in order to help a patient with anger post-stroke?
  - a. ignore their outburst
  - b. try to find out the problem
  - c. involve a Social Worker
  - d. find solutions with patient's input
  - e. All of the above
  - f. b, c and d
  
5. Which of the following are signs and symptoms of personality change?
  - a. patient is more demanding
  - b. patient does not participate in activities that they used to enjoy
  - c. mood swings
  - d. patient has emotional outbursts
  - e. all of the above
  
6. What factors influence behaviour changes post-stroke?
  - a. age of the patient
  - b. area of the brain affected from stroke
  - c. amount of brain damage caused by the stroke
  - d. amount of cognitive impairment caused by the stroke
  - e. b, c and d
  - f. all of the above
  
7. What can a healthcare provider do to help a patient participate in activities?
  - a. plan an activity that interests the patient
  - b. involve family and patient in activity
  - c. involve patient in activity selection
  - d. introduce an activity that healthcare provider is interested in
  - e. all of the above
  - f. a, b and c

## TRUE/FALSE Questions

(circle the correct letter)

- T F 8. Depression can affect a person's sleep pattern.
- T F 9. Depression will increase the stroke survivor's ability to participate in rehab.
- T F 10. Selective Serotonin Reuptake Inhibitors (SSRI) can be used in the treatment of depression.
- T F 11. During outbursts, the patient should be removed from the stressor or activity that has caused the outburst.
- T F 12. Distraction can be helpful in redirecting the patient attention back to the activity at hand.
- T F 13. The stroke survivor may experience feelings that do not match their behaviour.

SCORE: \_\_\_\_\_ / 13

Nurse Clinician/Designate signature: \_\_\_\_\_