

# Returning to Work in Windsor Essex



SERVICES FOR PERSONS WITH STROKE  
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Huron Perth who are exploring a return to work.



## ALSO - ASSISTED LIVING SOUTHWESTERN ONTARIO

*Carrying on the service tradition of the  
Association for Persons With Physical Disabilities of Windsor and Essex County (APPD)*

3141 Sandwich St., Windsor, ON N9C 1A7 | Ph: 519-969-8188 x223

- NO COST
- FEE FOR SERVICE



Providing specialized and customized support for return to work through our Equal Ability program. This program offers job preparation, training, job search, interview skills, job maintenance and assistance to adapt the workplace environment or attain appropriate technology. Requires referral from ODSP Employment Supports. Additionally, ALSO provides personal support in the work place to any adult with a physical disability. Examples include assisting someone to use the washroom during the work day, eat lunch, or set up the work place for use. This service is on a visitation basis where an attendant would come to provide the physical assistance and then leave. Additional visits may be provided as required.

## BAYSHORE THERAPY & REHAB

3200 Deziel Drive, Unit 410, Windsor | Ph: 519-974-5953  
www.bayshore.ca | Toll Free: 1-877-351-3462

- IN OFFICE/NEURO-CLINIC
- IN HOME/COMMUNITY
- NO COST IF ELIGIBLE FOR SERVICES
- FEE FOR SERVICE

Bayshore has experienced and caring consultants across Essex County to assist you with returning to work. Referrals can be from the Community Care Access Centre (CCAC), your health care provider, lawyer, insurance carrier, or yourself. We offer occupational therapy, physiotherapy, speech language pathology, psychology, case management, social work, massage therapy, nursing, and PSW services. We will support you in pre-vocational tasks in your home and community, functional abilities evaluations, labour market research, interview skills, career exploration and the return to work plan. Depending on your current abilities, we will pursue a non-paid vocational placement or assist you with returning to your pre-stroke employer. Serving Windsor, London, Owen Sound, and Sarnia. Learn more about our team and services online.

## BRAINWORKS

79 Ridout Street South, London | Ph: 519-970-9259, 1-866-394-6240  
www.brainworksrehab.com

 IN HOME/COMMUNITY   
 FEE FOR SERVICE

You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for-service program that may be covered by insurance or other third parties. Brainworks team members create back to work plans tailored specifically for you. Services include: job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online.

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## GOODWILL EMPLOYMENT & TRAINING CENTRE

1643 McDougall Ave., Windsor, ON N8X 0A3 | Ph: 519-256-8020  
www.goodwillekl.com

 IN OFFICE  NO COST 

The Goodwill Career Centre in Windsor offers the following free services to job seekers: Assessment and Case Management, Job Search Preparation, Job Placement/Coaching/Retention services, Information and/or referral to government funded skills training programs, Resource and Information Centre.

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## MARCH OF DIMES CANADA

920 Commissioners Rd. East London | Ph: 519-642-3999 ext. 235  
www.marchofdimes.ca

 NO COST IF ELIGIBLE FOR SERVICES   
 FEE FOR SERVICE FOR PRIVATE INSURERS

You may self refer to March of Dimes Canada Employment Services Program or be referred by a community or government agency. March of Dimes Employment Services programs work with several different contracts including: Veterans Affairs Canada (CANVET Services), Ontario Disability Employment Supports Program (OSDP), Community Co-ordinator Project (Opportunities Fund) through Service Canada, Workplace Safety and Insurance Board (WSIB), Ontario Works, and Private Insurers. March of Dimes provides a variety of Placement, Assessment and Case Management services that assist individuals with a variety of disabilities to return to work. Such services include development of Return to Work Employment Plans, Employer Based Work Placements both in paid and unpaid settings, Job Search Training Programs, and a variety of Vocational and Functional Assessments. March of Dimes will assist individuals to reach their employment goals and achieve their independence in today's competitive labour market.

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## PRACTICAL SOLUTIONS VOCATIONAL SERVICES

30 Adelaide Street North, Unit 101 | Ph: 226-316-0359  
www.practicalsolutions.ca

 IN HOME/COMMUNITY   
 FEE FOR SERVICE

Available by self-referral. Services include Gradual Return to Work programs working with the client, employer and medical professionals to determine suitable positions, accommodations and transitional work programs so individuals can stay at work or return to productive and safe employment as soon as physically possible after a stroke. As well, there is a Vocational Reconditioning Program designed to assess and enhance a client's functional and employment skills in preparation to transition into an alternate career or return to the client's own employer at full capacity.

## PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519-672-1048  
www.pursuithealth.ca

IN OFFICE/COMMUNITY   
 FEE FOR SERVICE

While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies or solicitors. Physio and massage therapy can be self funded. Other services, such as occupational therapy, case management and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit supports pre-vocational skills such as daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, reference preparation and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

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## ST. CLAIR COLLEGE EMPLOYMENT CENTRE

Unit 11-60 McNaughton Drive, Wallaceburg ON | Ph: 519-628-5269  
Unit 1500-400 Sandwich Street South, Amherstburg, ON N9V 3L4 | Ph: 519-736-2827  
Roundhouse Centre, 3015 Howard Avenue, Windsor, ON N8X 3Y9 | Ph: 519-253-4461

IN OFFICE  NO COST 

www.stclairemploymentcentre.com

Access resources and information, help with Second Career assessment and applications, wage subsidy supports for new hires, and assistance with Ontario Self Employment Benefit and Job Creation Partnership applications. You can also access employment consulting and assistance with job searching.