

Returning to Work in Grey Bruce



SERVICES FOR PERSONS WITH STROKE
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Huron Perth who are exploring a return to work.



ADULT LEARNING CENTRES: GREYBRUCE GEORGIAN

824 First Avenue West, Owen Sound | Ph: 519-376-6623 ext. 3
www.adultlearningcentres.ca

IN OFFICE NO COST 

The Adult Learning Centre provides free pre-vocational skills such as community access skills, daily living skills, computer training, driver's license preparation and money management. Those interested may self-refer. Staff have experience supporting persons with stroke.

BAYSHORE THERAPY & REHAB

3200 Deziel Drive, Unit 410, Windsor | Ph: 519-974-5953
www.bayshore.ca | Toll Free: 1-877-351-3462

IN OFFICE/NEURO-CLINIC
 IN HOME/COMMUNITY
 NO COST IF ELIGIBLE FOR SERVICES
 FEE FOR SERVICE

Bayshore has experienced and caring consultants across Essex County to assist you with returning to work. Referrals can be from the Community Care Access Centre (CCAC), your health care provider, lawyer, insurance carrier, or yourself. We offer occupational therapy, physiotherapy, speech language pathology, psychology, case management, social work, massage therapy, nursing, and PSW services. We will support you in pre-vocational tasks in your home and community, functional abilities evaluations, labour market research, interview skills, career exploration and the return to work plan. Depending on your current abilities, we will pursue a non-paid vocational placement or assist you with returning to your pre-stroke employer. Serving Windsor, London, Owen Sound, and Sarnia. Learn more about our team and services online.

BRAINWORKS

79 Ridout Street South, London | Ph: 519-657-1180
www.brainworksrehab.com

IN HOME FEE FOR SERVICE

You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for-service program that may be covered by insurance or other third parties. Brainworks team members create back to work plans tailored specifically for you. Services include: job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online.

GREY COUNTY EMPLOYMENT RESOURCE CENTRE

575 Saddler Street East, Durham | Ph: 519-376-2208

IN OFFICE NO COST 

The Grey County Employment Resource Centre has a counsellor available one day per week to support you with cover letter and resume writing. This program is available by self-referral for anyone in Grey or Bruce Counties.

LEADS EMPLOYMENT SERVICES

171 Queens Avenue, Suite 410, London | Ph: 1-866-955-3237
51 Front Street East, Strathroy | Ph: 1-866-955-3237
32 Erie Street, Stratford | Ph: 1-866-955-3237
380 9th Street E., Owen Sound | Ph: 1-866-955-3237
300 S Edgeware Road, St. Thomas | Ph: 519-633-7597
www.leadsservices.com

IN COMMUNITY/OFFICE 
 FEE FOR SERVICE
 NO COST

Over 52 Employment Specialists with diverse backgrounds, credentials and specializations provide one to one support in customized services: developing skills to prepare for and retain employment, identifying employment opportunities that fit abilities and experience, job coaching and mentoring to build strong relationships with employers and coworkers, facilitating follow up reviews and problem resolution to help achieve success. Leads offers services to those who are eligible for government funding at no cost, or through WSIB or third party fee-for service in London, Middlesex, Elgin, Oxford, Huron, Perth, Lambton, Bruce and Grey counties. Individuals & advocates can contact or apply in person at Leads or online.

MOVING TOWARDS WELLNESS LTD.

Box 1055, Clinton | Ph: 519-482-7181
www.movingtowardswellness.ca

IN OFFICE 
 FEE FOR SERVICE

You may self-refer to Moving Towards Wellness LTD, or be referred by a government, community agency or Family Physician. Services which include re integration to activities of daily living, Rehabilitation Exercise Program (Home or Community based) and community access skills development, individualized employment counseling, job coaching and shadowing, ergonomic assessments, job site and physical demand assessments are provided. Our staff have experience working with all points of recovery from injury and/or health related issues such as stroke. This fee for service program is open to those in Huron, Perth, Bruce, Grey, Middlesex and Lambton counties.

MARCH OF DIMES CANADA

920 Commissioners Rd. East London | Ph: 519-642-3999 ext. 235
www.marchofdimes.ca

NO COST IF ELIGIBLE FOR SERVICES 
 FEE FOR SERVICE FOR PRIVATE INSURERS

You may self refer to March of Dimes Canada Employment Services Program or be referred by a community or government agency. March of Dimes Employment Services programs work with several different contracts including: Veterans Affairs Canada (CANVET Services), Ontario Disability Employment Supports Program (OSDP), Community Co-ordinator Project (Opportunities Fund) through Service Canada, Workplace Safety and Insurance Board (WSIB), Ontario Works, and Private Insurers. March of Dimes provides a variety of Placement, Assessment and Case Management services that assist individuals with a variety of disabilities to return to work. Such services include development of Return to Work Employment Plans, Employer Based Work Placements both in paid and unpaid settings, Job Search Training Programs, and a variety of Vocational and Functional Assessments. March of Dimes will assist individuals to reach their employment goals and achieve their independence in today's competitive labour market.

PRACTICAL SOLUTIONS VOCATIONAL SERVICES

30 Adelaide Street North, Unit 101 | Ph: 226-316-0359
www.practicalsolutions.ca

IN HOME/COMMUNITY 
 FEE FOR SERVICE

Available by self-referral. Services include Gradual Return to Work programs working with the client, employer and medical professionals to determine suitable positions, accommodations and transitional work programs so individuals can stay at work or return to productive and safe employment as soon as physically possible after a stroke. As well, there is a Vocational Reconditioning Program designed to assess and enhance a client's functional and employment skills in preparation to transition into an alternate career or return to the client's own employer at full capacity.

PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519- 672-1048
www.pursuithealth.ca

IN OFFICE 
 FEE FOR SERVICE

While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies or solicitors. Physio and massage therapy can be self funded. Other services, such as occupational therapy, case management and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit supports pre-vocational skills such as daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, reference preparation and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

TRACKS EMPLOYMENT SERVICES

50 Hume Street, Collingwood | Ph: 705-444-1580

IN OFFICE NO COST 

Georgian Staffing Services provides individualized employment counselling, career exploration exercises, labour market research, cover letter and resume development, reference preparation and interview techniques. There are no fees for these services and they can be accessed by self referral by anyone from Grey and Bruce Counties. Georgian Staffing Services does have access to additional funding for individuals with disabilities who have specific needs for modifications.

VPI EMPLOYMENT SOLUTIONS

200 McNabb Street, Walkerton ON | Ph: 519-881-4900
www.vpi-inc.com

 IN OFFICE  NO COST 

VPI Employment Solutions services are available at no charge to individuals from Grey and Bruce Counties. Case managers will conduct a needs assessment. Based on this, goals for future employment are identified and a strategy and training plan focused on these goals follows.

YMCA EMPLOYMENT RESOURCE CENTRE

1450 First Avenue West, Suite 4A, Owen Sound | Ph: 519-371-9222
425 10th Street, Unit 7, Hanover ON | Ph: 519-364-3163

 IN OFFICE  NO COST 

YMCA Employment Resource Centres, located in both Owen Sound and Walkerton are available at no charge to individuals from Grey and Bruce Counties. Individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding workshops are among the services offered.