

# Thames-Valley District Stroke Centre

## Annual Report 2011 - 2012

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Thames Valley District consists of the city of London and its three surrounding counties with the Regional Stroke Centre (London Health Sciences Centre) serving as its Designated Stroke Centre. This District is seeing an evolving partnership between Regional and District initiatives. The Thames Valley District Stroke Council acts as an advisory committee related to District needs and objectives.

2011-2012 unified the Thames Valley District Stroke Council, a 15-month-old amalgamation of three county working groups, and it has continued to grow in its membership, credibility and partnership resulting in improved collaboration and communication, a broader vision for the District as a whole, improved awareness of district needs, an organized work plan, and a respected name for advocacy purposes.

Between April 1, 2011 and March 31, 2012, Thames Valley celebrated a host of achievements, including:

- Two Living With Stroke Programs in Elgin County
- A signed and updated Memorandum of Understanding for the Bypass Agreement between London Health Sciences Centre and the District hospitals
- 1817 patients seen in the Urgent TIA Clinic
- Excellent representation at the Acute Stroke and Rehabilitation forums
- Development of an early strategic plan in follow-up to the Acute Stroke Forum
- Creation and release of blood pressure clinic brochures guiding individuals district clinics
- Three-part Motivational Interviewing Workshop with full attendance and a waiting list

On behalf of the District Stroke Council, I would specifically like to congratulate Woodstock General Hospital on the opening of its new hospital, 10 beds of its rehabilitation unit, and its outpatient program.

Gwenyth Stevenson, District Stroke Coordinator