

31 January 2012

Dear Healthcare provider;

Please accept the accompanying **Quick Reference Guide for Healthcare Providers: 2010 Best Practice Guidelines for Stroke Primary & Secondary Prevention**. This tool was created by the Southwestern Ontario Stroke Network (SWOSN) to support health care providers in their day-to-day practice. We hope you will find it useful.

The Southwestern Ontario Stroke Network strives to support those in the health care system provide optimal stroke care, including the prevention of an initial or subsequent stroke. The Quick Reference Guide for Healthcare Providers was prepared for this purpose.

This resource was developed using the 2010 update of Canadian Best Practice Recommendations for Stroke Care with input from regional neurologists, physicians in the Southwest Region's Saving the Brain Network, and secondary prevention stroke clinic nurses.

The tool has three sections:

1. **Medical targets & recommendations**

Guidelines for risk factor management; vascular cognitive impairment and depression are included due to emerging research and a voiced desire to "remain ahead of the curve"

2. **Recommended referral locations for patients who identify recent stroke or TIA-like symptoms**

Destinations where patients can be assessed in a timely way, according to their level of urgency

3. **Contact list for Secondary Stroke Prevention/Urgent TIA clinics**

Location and contact information for clinics within the SWOSN region

An electronic version of this resource is available on the Southwestern Ontario Stroke web site at <http://swostroke.ca/prevention-2/>.

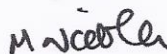
There is ongoing work nationally to further define and develop both identification and timeline management for people experiencing stroke and TIA. This information will be shared with you once it becomes available.

Again, we hope you will find this a useful resource, and we would welcome any feedback or suggestions you wish to share. Please direct your input to gwenyth.stevenson@lhsc.on.ca or phone 519-685-8500 ext. 32264.

Regards,



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