

Returning to Work in Windsor Essex



SERVICES FOR PERSONS WITH STROKE
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Windsor Essex who are exploring a return to work.



ASSOCIATION FOR PERSONS WITH DISABILITIES (WINDSOR/ESSEX) – EQUAL ABILITY PROGRAM

2001 Spring Garden Road, Windsor | Ph: 519-969-8188

IN OFFICE NO COST 

This organization serves individuals with physical disabilities. Those currently receiving ODSP require an authorization. Those interested may self-refer or be referred by community or government agencies for pre-vocational, community access and daily living skills development. Services include individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Job coaching, job accommodations and placement follow up are all available. Staff have experience providing job related services to stroke survivors.

BRAINWORKS

79 Ridout Street South, London | Ph: 519-970-9259, 1-866-394-6240
www.brainworksrehab.com

IN HOME/COMMUNITY 
 FEE FOR SERVICE

You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for-service program that may be covered by insurance or other third parties. Brainworks team members create back to work plans tailored specifically for you. Services include: job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online.

INCLUSIVE HEALTH CARE MANAGEMENT (INCARE)




5730 Williams Street, Grand Bend | Ph: 519-227-0389
www.incarehealth.com

 IN HOME  FEE FOR SERVICE 

You may self-refer to Incare or be referred by a community or government agency. This is a fee-for-service program that covers all of Southwestern Ontario. Services include individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Volunteer placements, job coaching and job accommodation services are also available. Team members include a certified job finding instructor, a social worker and a rehab therapist. Incare has experience working with people with disabilities.

ONTARIO MARCH OF DIMES

920 Commissioners Rd. East London | Ph: 519-642-3999 ext. 235
www.marchofdimes.ca

 NO COST IF ELIGIBLE FOR SERVICES 
 FEE FOR SERVICE FOR PRIVATE INSURERS

You may self refer to Ontario March of Dimes Employment Services Program or be referred by a community or government agency. March of Dimes Employment Services programs work with several different contracts including: Veterans Affairs Canada (CANVET Services), Ontario Disability Employment Supports Program (ODSP), Community Co-ordinator Project (Opportunities Fund) through Service Canada, Workplace Safety and Insurance Board (WSIB), Ontario Works, and Private Insurers. March of Dimes provides a variety of Placement, Assessment and Case Management services that assist individuals with a variety of disabilities to return to work. Such services include development of Return to Work Employment Plans, Employer Based Work Placements both in paid and unpaid settings, Job Search Training Programs, and a variety of Vocational and Functional Assessments. March of Dimes will assist individuals to reach their employment goals and achieve their independence in today's competitive labour market. *Please note: some of our contracts only cover certain areas: ODSP and WSIB is not in Windsor/Essex or Chatham/Kent and ODSP is also not in Sarnia/Lambton or Grey/Bruce.*

ONTARIO MINISTRY OF COMMUNITY AND SOCIAL SERVICES

270 Erie Street East, Windsor | Ph: 519-254-1651

 IN OFFICE  NO COST 

Serving Windsor-Essex, this Ontario Ministry service is for individuals aged sixteen and over with proof of a disability (ie. verified by a doctor). Those on Ontario Works are ineligible. Services are available through self-referral or referral through a community or government agency. If a client is on ODSP, there is no cost. If a client is not on ODSP there is a client contribution based on income. Individuals are then referred to other service providers for supports.

PRACTICAL SOLUTIONS VOCATIONAL SERVICES




30 Adelaide Street North, Unit 13 | Ph: 519-859-2755
www.practicalsolutions.ca

 IN HOME/COMMUNITY 
 FEE FOR SERVICE

Available by self-referral. Services include Gradual Return to Work programs working with the client, employer and medical professionals to determine suitable positions, accommodations and transitional work programs so individuals can stay at work or return to productive and safe employment as soon as physically possible after a stroke. As well, there is a Vocational Reconditioning Program designed to assess and enhance a client's functional and employment skills in preparation to transition into an alternate career or return to the client's own employer at full capacity.

PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519-672-1048 • www.pursuithealth.ca

 IN OFFICE/COMMUNITY 
 FEE FOR SERVICE

While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies or solicitors. Physio and massage therapy can be self funded. Other services, such as occupational therapy, case management and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit supports pre-vocational skills such as daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, reference preparation and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

This information is compiled by the Southwestern Ontario Stroke Network for the purpose of providing stroke survivors with information about community services supporting return to work efforts. All service listings are subject to change or discontinuance. While we have attempted to ensure that this list of services is comprehensive, it may not reflect all the agencies who provide return to work services in your community.