

Returning to Work in Thames Valley



SERVICES FOR PERSONS WITH STROKE
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Thames Valley who are exploring a return to work.



ATN ACCESS INC.

141 Dundas Street, Suite 504, London | Ph: 519-433-7950 x378
www.atn.on.ca

- IN OFFICE/HOME
- FEE FOR SERVICE
- NO COST



You may self-refer to ATN or be referred by a community, insurance or government agency. There is both fee-for-service and some quality of life programs available. The fee-for-service can be covered by the individual, WSIB, community agencies, insurance and/or other third parties. ATN begins by sitting down with the individual to gather information to determine the needs, goals and possible accommodations necessary. (Assessments are person-centered.) Services include: Assistive Technology Assessment (determines computer and other accommodations needs), computer/technology training, literacy/numeracy assessments (CAMERA, TOWES, EESA, Educational Interviews, PDQ, etc), 25 week Skills for Employment Program, Introductory Computer Program, job searches, labour market research, cover letter, and resume development, reference preparation, interview techniques, career exploration exercises and more. Some situations would have the possibility to have access to job shadowing, job maintenance and time-limited community-based placements (non-paid). ATN also offers services to individuals who are blind, have low vision, hard of hearing or deaf. We can produce Braille materials. Services can be offered at our London office, in the home, or in one of our Outreach locations. (Travel time and mileage would apply for Outreach appointments.) ATN Access Inc. is a non-scent agency and asks all clients to refrain from using scented products.

BRAINWORKS

79 Ridout Street South, London | Ph: 519-657-1180, 1-866-394-6240
www.brainworksrehab.com

- IN HOME/COMMUNITY
- FEE FOR SERVICE



You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for service program that may be covered by insurance or other third parties. Brainworks' team members create back to work plans tailored specifically for you. Services include: vocational and psychovocational assessments, job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including nurses, social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online at www.brainworksrehab.com.

GOODWILL CAREER CENTRE

390 King Street, London | Ph: 519-850-9675
www.goodwillindustries.ca

- IN OFFICE
- FEE FOR SERVICE
- NO COST



Goodwill Career Centre provides both fee-for-service return to work and government funded employment programs for persons with disabilities and their employers in the greater London area. Fee-for-service programs require a referral from the funding source and are tailored to individual's needs. Service may include situational assessment; functional capacities evaluations, work experience, labour market surveys, work search preparation and support; job development and job coaching services. Learn more online or call 519-850-9675 ext. 260. As well, Goodwill Employment Link is a Ministry of Training Colleges and Universities supported program that provides a customized individual service that guides and supports individuals with disabilities through the process of preparing for, finding and keeping employment. Participants are those not eligible to receive this support through fees-for-service (e.g. insurance, WSIB). Service options include: employment planning; employment counselling; vocational assessments; career exploration; labour market information; strategies to help you find work; job development; job coaching and job maintenance. Call 519-850-9675 ext. 212.

INCLUSIVE HEALTH CARE MANAGEMENT (INCARE)

P.O. Box 309, Grand Bend | Ph: 519-238-2021
www.incarehealth.com

- IN HOME
- FEE FOR SERVICE



You may self-refer to InCare or be referred by a community, insurance or government agency. This is a fee-for-service facility that covers all of Southwestern Ontario. Services include individualized employment counseling, referral for career exploration, labour market research, resume and cover letter development, and interviewing techniques. Volunteer placements, job coaching and job accommodation services are also available. Team members include a social worker, job finding club instructor, occupational therapist and rehabilitation therapists. InCare has experience working with individuals with neurological, cognitive and physical disabilities.

LEADS EMPLOYMENT SERVICES

171 Queens Avenue, Suite 410, London | Ph: 1-866-955-3237
51 Front Street East, Strathroy | Ph: 1-866-955-3237
www.leadsservices.com

- IN COMMUNITY/OFFICE
- FEE FOR SERVICE
- NO COST



Over 40 Employment Specialists with diverse backgrounds, credentials and specializations provide one to one support in customized services: developing skills to prepare for and retain employment, identifying employment opportunities that fit abilities and experience, job coaching and mentoring to build strong relationships with employers and coworkers, facilitating follow up reviews and problem resolution to help achieve success. Leads provide services both in government funded and fee-for service formats in London Middlesex, Elgin, Oxford, Huron, Perth and Lambton counties. Individuals & advocates can contact or apply in person at Leads or at the Leads website.

LONDON EMPLOYMENT HELP CENTRE

114 Dundas Street and 1275 Highbury Avenue, London | Ph: 519-439-0501
www.lehc.ca

- IN OFFICE
- ON SITE FEE FOR SERVICE
- NO COST



The London Employment Help Centre offers clients primarily 25 and older who are unemployed or underemployed with job search and career planning services in the greater London area.

Enhanced Services:

- Individual Planning and Coordination.
- Job Placement Services.
- Job referrals & placement.
- Employers receive training subsidy for eligible hires.
- Client receives paid training supports.
- Supportive workplace environment.

MOVING TOWARDS WELLNESS LTD.




Box 1055, Clinton | Ph: 519-482-7181
www.movingtowardswellness.ca

 IN OFFICE 
 FEE FOR SERVICE

You may self-refer to Moving Towards Wellness LTD, or be referred by a government, community agency or Family Physician. Services which include re integration to activities of daily living, Rehabilitation Exercise Program (Home or Community based) and community access skills development, individualized employment counseling, job coaching and shadowing, ergonomic assessments, job site and physical demand assessments are provided. Our staff have experience working with all points of recovery from injury and/or health related issues such as stroke. This fee for service program is open to those in Huron, Perth, Bruce, Grey, Middlesex and Lambton counties.

ONTARIO MARCH OF DIMES

920 Commissioners Rd. East London | Ph: 519-642-3999 ext. 235
www.marchofdimes.ca

 NO COST IF ELIGIBLE FOR SERVICES 
 FEE FOR SERVICE FOR PRIVATE INSURERS

You may self refer to Ontario March of Dimes Employment Services Program or be referred by a community or government agency. March of Dimes Employment Services programs work with several different contracts including: Veterans Affairs Canada (CANVET Services), Ontario Disability Employment Supports Program (ODSP), Community Co-ordinator Project (Opportunities Fund) through Service Canada, Workplace Safety and Insurance Board (WSIB), Ontario Works, and Private Insurers. March of Dimes provides a variety of Placement, Assessment and Case Management services that assist individuals with a variety of disabilities to return to work. Such services include development of Return to Work Employment Plans, Employer Based Work Placements both in paid and unpaid settings, Job Search Training Programs, and a variety of Vocational and Functional Assessments. March of Dimes will assist individuals to reach their employment goals and achieve their independence in today's competitive labour market.

Please note: some of our contracts only cover certain areas: ODSP and WSIB is not in Windsor/Essex or Chatham/Kent and ODSP is also not in Sarnia/Lambton or Grey/Bruce.

PRACTICAL SOLUTIONS VOCATIONAL SERVICES


30 Adelaide Street North, Unit 13 | Ph: 519-859-2755
www.practicalsolutions.ca

 IN HOME/COMMUNITY 
 FEE FOR SERVICE

Available by self-referral. Services include Gradual Return to Work programs working with the client, employer and medical professionals to determine suitable positions, accommodations and transitional work programs so individuals can stay at work or return to productive and safe employment as soon as physically possible after a stroke. As well, there is a Vocational Reconditioning Program designed to assess and enhance a client's functional and employment skills in preparation to transition into an alternate career or return to the client's own employer at full capacity.

PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519-672-1048, 1-877-488-3771
www.pursuithealth.ca

 IN OFFICE/COMMUNITY 
 FEE FOR SERVICE

While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies and solicitors. Physical therapy and massage therapy can be self-funded. Other services, such as occupational therapy, case management, social work and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit Health Management supports pre-vocational skills such as activities of daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

THE LIFE SKILLS CENTRE

111 Belmont Drive, Suite 102, London | Ph: 519-680-3808
www.lifeskillscentre.ca



 IN OFFICE
 FEE FOR SERVICE



Available by self-referral, or referral through a government or community agency, The Life Skills Centre is a fee-for service organization that supports the development of pre-vocational, community access and daily living skills. Clients typically reside within a 1.5 hour radius of the City of London. Staff, who have experience supporting people with disabilities, provide individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Job coaching, job accommodations and placement follow up (for up to one year) are all available.

WORKRIGHT

564 Newbold Street, London | Ph: 519-681-1668
www.workrightinc.ca

 IN OFFICE
 FEE FOR SERVICE



This fee for service organization supports the development of pre-vocational, community access and daily living skills. Clients, who may self-refer, or be referred through a community or government agency, will find individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Staff have experience providing job related services to stroke survivors. Job coaching, job accommodations and placement follow up are all available.