

London & Middlesex Long Term Care External Resources

Resources you can access any time if you need help planning care for a resident, or if your staff needs learning in an area listed here.

Resource	Contact Name	Contact Us	Program Description												
Alzheimer Society, London & Middlesex	Dawn Ruddick, Education Coordinator	Phone: 519-680-2404 for all inquiries info@alzheimerslondon.ca www.alzheimerslondon.ca	The Alzheimer Society advocates for and promotes the development of support services, education and research for those affected by Alzheimer Disease and related dementias, providing, among other things, a Resource and Referral Centre, Counselling, Volunteer Companions, Alzheimer Information Series, Outreach to LTC, Customized Education Programs, & a Safely Home Program. Contact us when you have communication issues, behavioural issues, sexuality issues, difficulty with ADL's; or for staff education.												
Best Practice Guidelines in Long Term Care – MOHLTC Initiative	Donna Scott, Best Practice Coordinator for LTC SW Region	Phone: 519-685-4292, ext. 42337 donna.scott@sjhc.london.on.ca	MOHLTC Initiative aimed at increasing awareness of and implementation of best practice guidelines in Long Term Care Homes. Assistance and support is available to understand and implement nursing best practice guidelines including resources, policy development and staff education. Best Practice Guidelines are available in the following areas of resident care: <table style="width: 100%; border: none;"> <tr> <td>Promoting Continence</td> <td>Pain Management</td> <td>Minimal Restraint Use</td> </tr> <tr> <td>Fall Prevention</td> <td>Oral Hygiene</td> <td>Resident-Centred Care</td> </tr> <tr> <td>Skin & Wound Care</td> <td>Hydration</td> <td>Prevention of Constipation</td> </tr> <tr> <td>Stroke Management</td> <td colspan="2">Delirium, Depression & Dementia.</td> </tr> </table>	Promoting Continence	Pain Management	Minimal Restraint Use	Fall Prevention	Oral Hygiene	Resident-Centred Care	Skin & Wound Care	Hydration	Prevention of Constipation	Stroke Management	Delirium, Depression & Dementia.	
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Palliative Pain & Symptom Management/ Consultation Program, London Middlesex	Nancy Keat, London & Middlesex County Consultant	Phone: 519-649-1653 Fax: 519-649-1723 nkeat@sympatico.ca www.palliativecareswo.ca	The Program is dedicated to improving access to pain and symptom management and hospice palliative care information. The program offers: <ul style="list-style-type: none"> consultation concerning palliative pain and symptom management to health care providers education for health care providers – The Fundamentals (Introductory level education for all health care providers); AHPCE (Advanced Hospice Palliative Care Education for PSW's); & CAPCE (Comprehensive Advanced Palliative Care Education for RNs/RPNs) assistance to individuals to access palliative care services links to Palliative Pain and Symptom Consultation Programs in the province 												
Regional (Southwestern Ontario) Stroke Program	Paula Gilmore SWO Stroke Strategy Community & Long Term Care Coordinator	Phone: 519-337-1000, ext 6245 1-800-265-1445 paula.gilmore@lhsc.on.ca www.swostroke.ca www.heartandstroke.ca/profed , Click on "Stroke - Stroke Care Resources - Long-Term Care/Community"	The Regional Stroke Program provides free education programs for stroke care providers; "Tips and Tools for Everyday Living" gives front-line care providers a chance to learn and practice easy, hands-on techniques and strategies for caring for persons with stroke. Specific topics include: perception, cognition and behaviour, communication, feeding / swallowing and mobility / transfers. Education sessions on "Supported Conversation for Adults with Aphasia" are available providing front-line staff with techniques to assist people with communication difficulty to give and receive information. Education is also available on the basics of stroke including: what is a stroke and stroke prevention. To organize a workshop, call (519) 685-8500 x32462 or email swostrategy@lhsc.on.ca												
Southwestern Ontario Regional Geriatric Program Outreach Team (London & Middlesex) Regional Psychogeriatric Program (Middlesex)	Kristine Towers, Middlesex PIECES Facilitator 519-685-4292, ext 42316	Centralized <u>Intake</u> : Phone: 519-685-4046 Fax: 519-685-4020 kristine.towers@sjhc.london.on.ca support to P.I.E.C.E.S. & "U-First! initiatives"	The interdisciplinary outreach team provides comprehensive geriatric assessments in homes, hospitals and long-term care facilities. They provide recommendations to care providers, family and patients. The team also plays a large role in the education of students and health professionals across the region, specializing in the P.I.E.C.E.S., U-First! And Gentle Persuasive Approaches to Dementia Care.												
Geriatric Mental Health Program (London)		Centralized <u>Intake</u> : Phone: 519-685-4046 Fax: 519-685-4020	The interdisciplinary team provides geriatric psychiatry consultation, assessment, treatment and referral for individuals 65 years and older who experience mental disorders of late life e.g. dementia and related disorders, mood disorders, psychotic disorders. Although anyone can initiate a referral, formal agreement of the patient's family physician is required.												

Visit www.thehealthline.ca for more info on Health Services in Southwestern Ontario

