

Sarnia- Lambton Long Term Care External Resources

Resources you can access any time if you need help planning care for a resident, or if your staff requires education in an area of resident care.

Resource	Contact Name	Contact Us	Program Description	January 2010
Alzheimer's Society of Sarnia Lambton	Christine Wright Education Coordinator	Phone: 519-332-4444 for all inquiries cwright@alzheimer.sarnia.com	The Alzheimer Society of Sarnia-Lambton is committed to providing quality services and support to people with Alzheimer's disease and related dementias and their caregivers. Programs and services include supportive counselling, support/information groups, resource library, Safely Home and education on any topic related to understanding dementia, treatment, research, prevention; as well as, topics related to improving quality of care (GPA, U-First, Alzheimer Education Series, responsive behaviours, sundowning, sexuality etc.) . In-service topics can be tailored to your needs.	
Best Practice Guidelines in Long Term Care – MOHLTC Initiative	Bev Faubert Best Practice Coordinator for LTC	Phone: 519-401-8485 bfaubert@mao.org	MOHLTC Initiative aimed at increasing awareness of and implementation of best practice guidelines in Long Term Care Homes. Assistance and support is available to understand and implement best practice guidelines including resources, policy development and staff education. Best Practice Guidelines are available for the following areas of Resident Care: <ul style="list-style-type: none"> • Promoting Continence • Pain Management • Minimal Restraint Use • Fall Prevention • Oral Hygiene • Resident-Centred Care • Skin & Wound Care • Hydration • Prevention of Constipation • Stroke Management • Delirium, Depression & Dementia 	
Palliative Pain & Symptom Management/ Consultation Program, Lambton/ Kent Counties	Ann Brignell, Lambton & Kent County Consultant	Phone: 519-542-1686 Fax: 519-542-7481 abrignell@cogeco.ca	The Program is dedicated to improving access to pain and symptom management and hospice palliative care information. The program offers: <ul style="list-style-type: none"> • Consultation concerning palliative pain and symptom management to health care providers • Education for health care providers – The Fundamentals (Introductory level education for all health care providers); AHPCE (Advanced Hospice Palliative Care Education for PSWs); & CAPCE (Comprehensive Advanced Palliative Care Education for RNs/RPNs) • Assistance to individuals to access palliative care services • Links to Palliative Pain and Symptom Consultation Programs in the province. 	
Sarnia Lambton District Stroke Centre / Secondary Stroke Prevention Clinic	Linda Dykes District Stroke Centre Coordinator Paula Gilmore SWO Regional Stroke Strategy Community & Long Term Care Coordinator <u>Aug '09-Aug '10</u> Donna Scott	Phone: 519-464-4400 Ext: 4465 ldykes@bluewaterhealth.ca Phone: 519-685-8500 Ext. 32050 Paula.gilmore@lhsc.on.ca Website: www.swostroke.ca www.heartandstroke/profed Donna.scott@lhsc.on.ca	The Sarnia-Lambton District Stroke centre provides free education programs for stroke care providers. <ol style="list-style-type: none"> 1. <i>Tips and Tools for Everyday Living</i> is designed for front-line care providers and gives providers a chance to learn and practice easy, hands-on techniques and strategies for caring for persons with stroke. Topics include: <ul style="list-style-type: none"> • mobility & transfers • feeding & swallowing • communication • perception, cognition & behaviour 2. Education sessions can be provided to residents and families and/or staff on topics such as: what is a stroke?, signs & symptoms of stroke, medical and lifestyle risk factors and management, current blood pressure and cholesterol guidelines. 	
Erie-St. Clair LHIN regional Infection Control Network	Nora Boyd Regional Coordinator	Phone: 1-866-924-7624 Nora.boyd@hdgh.org www.ricn.on.ca	The Regional Infection Control Network, funded by the MOHLTC is dedicated to helping advance infection prevention and control by working with long term care to link professionals to the most advanced-information and thinking on infection prevention and control through PIDAC Best Practices and educational offerings. The RICN web site (www.ricn.on.ca) has many educational offerings for LTC plus DVDS (Super Bugs, The Grand Prix of PPE, Its in the Bag: specimen collection during outbreaks in LTC, Infection Control and Foot Care, Sterilization and Disinfection) and a LTC toolkit can be ordered from the Erie St Clair Infection Control Network. Also available is an orientation program for new infection control practitioners(ICPs) to LTC and a 12 month online training course for ICPs in LTC. The network can provide advice and resources on infection prevention and control and is looking to partner with facilities to provide effective educational opportunities.	
Ontario Osteoporosis Strategy December 2009	Patricia Versteegh LTC Area manager	Phone: 519-200-1224 1-800-463-6842 Fax: 519-641-6809 pversteegh@osteoporosis.ca www.osteoporosis.ca www.osteostategy.on.ca	Osteoporosis is a highly debilitating condition in which bones become less dense and fracture more easily. It is the single most important cause of fractures among men and women over the age of fifty, and is a highly prevalent and costly condition. One in four women and one in eight men over the age of fifty have osteoporosis. In February 2005, The Ministry of Health and Long-Term Care announced the launch of Ontario's first Osteoporosis Strategy. The goal is to reduce fractures, morbidity, mortality and costs from osteoporosis through an integrated and comprehensive approach aimed at health promotion and disease management. Osteoporosis is common and serious problem for long-term care residents and a serious challenge for their caregivers. By 85 years of age, 85% of long-term care residents will suffer from osteoporosis. Contrary to what is believed osteoporosis, not falls, is the number one cause of bone fractures in long-term care homes. Within Long-Term Care resources a toolkit is available with easy-to-use evidence-based information about bone health protection strategies for residents that long term homes can use to improve their osteoporosis and fracture prevention care.	