

Returning to Work in Huron Perth



SERVICES FOR PERSONS WITH STROKE
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Huron Perth who are exploring a return to work.



BRAINWORKS

79 Ridout Street South, London | Ph: 519-657-1180
www.brainworksrehab.com

IN HOME/COMMUNITY 
 FEE FOR SERVICE

You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for-service program that may be covered by insurance or other third parties. Brainworks team members create back to work plans tailored specifically for you. Services include: job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online.

INCLUSIVE HEALTH CARE MANAGEMENT (INCARE)

5730 Williams Street, Lucan | Ph: 519-227-0389
www.incarehealth.com

IN HOME FEE FOR SERVICE

You may self-refer to Incare or be referred by a community or government agency. This is a fee-for-service program that covers all of Southwestern Ontario. Services include individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Volunteer placements, job coaching and job accommodation services are also available. Team members include a certified job finding instructor, a social worker and a rehab therapist. Incare has experience working with people with disabilities.

JOB CONNECT

130 Young Street, Stratford | Ph: 519-271-5700
www.conestoga.ca

 IN OFFICE  NO COST 

Available through self-referral, Job Connect is a pre-vocational program for 16-29 year olds from Huron and Perth counties. Staff, who have experience working with people with disabilities, offer individualized employment counselling, career exploration exercises, labour market research, cover letter and resume development, reference preparation, interview techniques and employment workshops. Job coaching, volunteer placements and job accommodations are all available.

NEW HORIZONS REHABILITATION SERVICES

1100 Wallace Avenue, Listowel | Ph: 519-291-5402
www.newhorizonsrehab.com

 IN OFFICE  FEE FOR SERVICE 

Available through self-referral, or referral by a government or community agency, New Horizons is a fee for service program that provides daily living and community access skills, in addition to medical rehabilitation, exercise programs, and physiotherapy and occupational therapy assistance with worksite reintegration issues. It also offers a functional job match program. More information available online.

PARTNERS IN EMPLOYMENT

349 Main Street South, Exeter | Ph: 519-235-0471
www.thecentreforemploymentandlearning.ca

 IN OFFICE  NO COST 

Partners in Employment, which is open to individuals who are NOT currently receiving employment insurance, is available through self-referral or referral by a government or community agency. Services include pre-vocational, community access and daily living skills, individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and employment workshops. Job coaching and job finding clubs are also provided by staff who have experience providing job related services to stroke survivors.

PERTH CAREER COUNSELLING

ADDRESS | Ph: 519-271-5124 x7242

 IN OFFICE  NO COST 

Available through referral by a community agency, Perth Career Counselling works closely with Job Connect to provide pre-vocational skill development. Services include: individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and employment workshops – all provided by staff who have experience working with individuals with disabilities.

PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519-672-1048
www.pursuithealth.ca

 IN OFFICE/COMMUNITY  FEE FOR SERVICE 

While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies or solicitors. Physio and massage therapy can be self funded. Other services, such as occupational therapy, case management and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit supports pre-vocational skills such as daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, reference preparation and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

ST. MARYS COMMUNITY REHAB

268 Maiden Lane, St. Marys | Ph: 519-284-0904

✓ IN OFFICE ✓ FEE FOR SERVICE



While generally accessed through a physician referral, St. Marys Community Rehab is available through self-referral, or referral by a government or community agency. Staff, who serve individuals from St. Marys and the surrounding area, are interested in supporting stroke survivors with pre-vocational, community access and daily living skills. At the time of publication, services were still under-development and not fully defined. Please call for more information.

THE CENTRE FOR EMPLOYMENT AND LEARNING

ADDRESS | Ph: 519-524-2515

✓ IN OFFICE ✓ FEE FOR SERVICE & NO COST



For people who are unemployed, under-employed or collecting employment insurance, the Centre for Employment and Learning is available through self-referral, or referral by a community or government agency. Pre-vocation skill development provided in the areas of: individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and employment workshops. Open to individuals from Goderich, Clinton, Seaforth, Exeter, Wingham, Stratford and surrounding areas.

THE CENTRE FOR EMPLOYMENT AND LEARNING (PERTH)

431 St. Vincent Street, Stratford | Ph: 519-271-4896

✓ FEE FOR SERVICE



The Centre for Employment and Learning's services are available through self-referral or referral by a government or community agency. Pre-vocational skills include education, grade 12 completion and computer courses.

THE JOB FINDING CENTRE

59 Lorne Avenue East, Stratford | Ph: 519-271-3121

✓ IN HOME ✓ NO COST UNLESS WSIB



Unemployed and ready to work? The Job Finding Centre is available to individuals from across Southwestern Ontario referred by Partners in Employment. Staff, including a certified job finding instructor, social worker and rehab therapist, have experience working with individuals with disabilities. Services include individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Job coaching, job accommodations, and placement follow up available.

WORKING TOWARD WELLNESS AND WORKERS HEALTH MANAGEMENT GROUP

Box 1055, Clinton | Ph: 519-482-7181

✓ IN OFFICE ✓ FEE FOR SERVICE



You may self-refer to Working Toward Wellness, or be referred by a government or community agency. Services which include daily living and community access skills development, individualized employment counselling, ergonomic assessments, job site access and job physical demand assessments, are provided by staff who have experience working with stroke survivors. This fee for service program is open to those in Huron, Perth, Bruce, Grey, Middlesex and Lambton counties.