

Returning to Work in Grey Bruce



SERVICES FOR PERSONS WITH STROKE
PREPARING TO RE-ENTER THE WORKFORCE.

You've been through a lot – a trip to the emergency department, a hospital stay, rehabilitation and a return to your home, your family and your community. Recovery from stroke is a journey. For some people, that journey includes a return to the workplace – either to their previous role, a modified position or something entirely new. The following services are available to stroke survivors in Grey Bruce who are exploring a return to work.



ADULT LEARNING CENTRE

824 First Avenue West, Owen Sound | Ph: 519-376-7170
www.adultlearningcentres.ca

IN OFFICE NO COST 

The Adult Learning Centre provides free pre-vocational skills such as community access skills, daily living skills, computer training, driver's license preparation and money management. Those interested may self-refer. Staff have experience supporting persons with stroke.

BRAINWORKS

79 Ridout Street South, London | Ph: 519-657-1180
www.brainworksrehab.com

IN HOME FEE FOR SERVICE

You may self-refer to Brainworks, or be referred by a community or government agency. This is a fee-for-service program that may be covered by insurance or other third parties. Brainworks team members create back to work plans tailored specifically for you. Services include: job searches, labour market research, cover letter and resume development, reference preparation, interview techniques, career exploration exercises and more. The community-based vocational placements offered are non-paid, temporary placements with a community host employer. They allow for assessment of your abilities to manage demands in a real work environment. Staff, including social workers, psychologists and rehab therapists, have experience supporting persons with stroke. Learn more online.

GREY COUNTY EMPLOYMENT RESOURCE CENTRE

575 Saddler Street East, Durham | Ph: 519-376-2208

 IN OFFICE  NO COST



The Grey County Employment Resource Centre has a counsellor available one day per week to support you with cover letter and resume writing. This program is available by self-referral for anyone in Grey or Bruce Counties.

GEORGIAN STAFFING SERVICES

50 Hume Street, Collingwood | Ph: 705-443-4026

 IN OFFICE  NO COST



Georgian Staffing Services provides individualized employment counselling, career exploration exercises, labour market research, cover letter and resume development, reference preparation and interview techniques. There are no fees for these services and they can be accessed by self-referral by anyone from Grey and Bruce Counties. Georgian Staffing Services does have access to additional funding for individuals with disabilities who have specific needs for modifications.

INCLUSIVE HEALTH CARE MANAGEMENT (INCARE)

5730 Williams Street, Grand Bend | Ph: 519-227-0389
www.incarehealth.com



 IN HOME  FEE FOR SERVICE



You may self-refer to Incare or be referred by a community or government agency. This is a fee-for-service program that covers all of Southwestern Ontario. Services include individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding clubs. Volunteer placements, job coaching and job accommodation services are also available. Team members include a certified job finding instructor, a social worker and a rehab therapist. Incare has experience working with people with disabilities.

MOVING TOWARDS WELLNESS LTD.

Box 1055, Clinton | Ph: 519-482-7181
www.movingtowardswellness.ca



 IN OFFICE
 FEE FOR SERVICE



You may self-refer to Moving Towards Wellness LTD, or be referred by a government, community agency or Family Physician. Services which include re integration to activities of daily living, Rehabilitation Exercise Program (Home or Community based) and community access skills development, individualized employment counseling, job coaching and shadowing, ergonomic assessments, job site and physical demand assessments are provided. Our staff have experience working with all points of recovery from injury and/or health related issues such as stroke. This fee for service program is open to those in Huron, Perth, Bruce, Grey, Middlesex and Lambton counties.

ONTARIO MARCH OF DIMES

920 Commissioners Rd. East London | Ph: 519-642-3999 ext. 235
www.marchofdimes.ca

 NO COST IF ELIGIBLE FOR SERVICES
 FEE FOR SERVICE FOR PRIVATE INSURERS



You may self refer to Ontario March of Dimes Employment Services Program or be referred by a community or government agency. March of Dimes Employment Services programs work with several different contracts including: Veterans Affairs Canada (CANVET Services), Ontario Disability Employment Supports Program (ODSP), Community Co-ordinator Project (Opportunities Fund) through Service Canada, Workplace Safety and Insurance Board (WSIB), Ontario Works, and Private Insurers. March of Dimes provides a variety of Placement, Assessment and Case Management services that assist individuals with a variety of disabilities to return to work. Such services include development of Return to Work Employment Plans, Employer Based Work Placements both in paid and unpaid settings, Job Search Training Programs, and a variety of Vocational and Functional Assessments. March of Dimes will assist individuals to reach their employment goals and achieve their independence in today's competitive labour market. *Please note: some of our contracts only cover certain areas: ODSP and WSIB is not in Windsor/Essex or Chatham/Kent and ODSP is also not in Sarnia/Lambton or Grey/Bruce.*

PRACTICAL SOLUTIONS VOCATIONAL SERVICES

30 Adelaide Street North, Unit 13 | Ph: 519-859-2755
www.practicalsolutions.ca

✓ IN HOME/COMMUNITY
✓ FEE FOR SERVICE



Available by self-referral. Services include Gradual Return to Work programs working with the client, employer and medical professionals to determine suitable positions, accommodations and transitional work programs so individuals can stay at work or return to productive and safe employment as soon as physically possible after a stroke. As well, there is a Vocational Reconditioning Program designed to assess and enhance a client's functional and employment skills in preparation to transition into an alternate career or return to the client's own employer at full capacity.

PURSUIT HEALTH MANAGEMENT

1 – 121 Oxford Street E., London | Ph: 519- 672-1048
www.pursuithealth.ca

✓ IN OFFICE
✓ FEE FOR SERVICE



While individuals from across Southwestern Ontario may self-refer to Pursuit Health Management, referrals are most often made by physicians, hospitals, WSIB, employers, insurance companies or solicitors. Physio and massage therapy can be self funded. Other services, such as occupational therapy, case management and vocational rehabilitation services are usually funded through insurance or other sources. Pursuit supports pre-vocational skills such as daily living and community access skills. Other services include labour market research, resume and cover letter development, career exploration, reference preparation and interview techniques. Therapists on staff have experience with persons with stroke in both hospital and community based settings.

VPI EMPLOYMENT SOLUTIONS

1450 First Avenue West, Owen Sound | Toll free: 1-877-371-4707
www.vpi-inc.com

✓ IN OFFICE ✓ NO COST



VPI Employment Solutions services are available at no charge to individuals from Grey and Bruce Counties. Case managers will conduct a needs assessment. Based on this, goals for future employment are identified and a strategy and training plan focused on these goals follows.

YMCA EMPLOYMENT RESOURCE CENTRE

1450 First Avenue West, Owen Sound | Ph: 519-371-3060
20 McNab Street, Unit 200, Walkerton | Ph: 519-881-4606

✓ IN OFFICE ✓ NO COST



YMCA Employment Resource Centres, located in both Owen Sound and Walkerton are available at no charge to individuals from Grey and Bruce Counties. Individualized employment counselling, career exploration exercises, labour market research, resume and cover letter development, reference preparation, interview techniques and job finding workshops are among the services offered.